

# *Lessons in Manifesting*



*Manifest*

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part of being a great business owner is listening and watching. Listening to what people are saying underneath their words, and watching for opportunities that take us toward a solution. In the world of energy these are the keys to manifesting your life.

I listen to friends and clients tell me their stories when they are feeling stuck. Often, in their story, the resolution or decision path forward is right there. But because the person is still stuck in denial about what is coming toward her she will fail to see the path that is offered.

Manifestation is almost always in front of us, but we have to put down our desires that things will happen in a certain way.

As a for instance, I had a cousin who badly wanted to get married, and her fiancé was in the military. She had two conflicting desires. One, to be married. Two, to have a big "wedding of her dreams." The joy of getting married was completely obscured by her insistence that the wedding

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happen in a certain way - her way. Meanwhile, some good friends of the fiancé owned a second home on the ocean in Hawaii, which is where the fiancé was headed for his next tour of duty. They offered to put together a wedding on the beach and gift their second home to the couple for a 2 week honeymoon, before the tour of duty started. The energy was running toward the marriage happening, all things were falling into place. My cousin couldn't see the path. She fumed. Finally, the fiancé said quietly one day, "I think a big wedding is more important to you than us having the chance to start our life together." He saw the path, the way of things. And he knew that the what was far more important than the how.

See, manifesting isn't about HOW we want things to happen. It's about that things ARE happening, probably differently than we imagined. This is a deep and sometimes difficult teaching. It's very easy to miss the path that is before you when you are holding that something has to happen in a certain way or else you will not have it. Stubbornness or holding on to fear or sense of lack blocks manifesting.

Pay close attention when people make offers. Those are paths opening, manifesting opening up. Sometimes those paths look like inconveniences at first. But like everything, there is always another side to the story.

I've been asked many times "how to manifest" and have taught workshops on manifesting before. Manifesting is part of being the CEO of your business, of leading yourself into the forward path. Of noticing which energies are stronger and more aligned with what your goals are, which energies are easier paths but not aligned. (If you have interest in me teaching a "how to manifest" workshop please hit reply and let me know.)

Manifesting is nothing more than pure discernment and full focus. Discernment to know the wisest path, not necessarily the path you want to take. Full focus on the end goal, not being stuck in it having to happen a certain way. Manifesting is watching for

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forward energy that is simple and solves a problem in the best way - not necessarily the way you want, or even think is best. It's seeing what is offered with curiosity and with putting aside your preferences. It's seeing that there is more than one path toward what you want.

I honestly believe that a huge part of success in life and in business is following the energetic path - manifesting, if you will. It's a no excuses path. It's interesting and adventurous if you have right mindset. This is a worthy topic for business owners.

Last week I promised you a final article about email marketing. It's published today, and you can find it (the first article) at [confidentmarketer.com/blog](https://confidentmarketer.com/blog). The title is "Email Marketing Strategies to Increase Open Rates." This is the last (for now) of a 4 part article series about email marketing.

To your sweet success,

Sue Painter

**PS Let me know if you would like a group on manifesting. And let me know what topic would be helpful to you in upcoming articles, too. Just hit "reply" and shoot me a quick sentence. Thank you!**

